



Policy Brief & Purpose:

This policy includes the measures we are actively taking to mitigate the spread of the novel coronavirus and/or COVID-19. You are kindly requested to follow all these rules diligently, to sustain a healthy and safe training environment. It's important that we all respond responsibly and transparently to these health precautions. We assure you that we will always treat your private health with high confidentiality and sensitivity. This policy is susceptible to changes with the introduction of additional governmental guidelines. If so, we will update you as soon as possible.

Scope:

This coronavirus policy applies to all instructors, hosts, guests, and/or students of Spector Training Programs. We strongly recommend for you to read through this action plan to ensure we collectively and uniformly respond to this challenge.

Policy Elements:

Here, we outline the required actions for students attending Spector Training Programs should take to protect themselves and others from a potential coronavirus infection and/or transmission. ***Please note our host agencies may have additional requirements that will be addressed under separate cover as each facility is different.**

Student Participant Arrangements:

We encourage individuals planning to attend training by Spector Training to self-screen prior to coming onsite and not to attempt to enter the training environment / workplace if any of the following are present.

Per CDC guidelines, if you have a fever equal to or higher than 100.4°F*, cold symptoms, such as coughing/sneezing/fever/fatigue, or feel poorly, do not visit the premises until you are symptom free for a period of fourteen (14) days, are under evaluation for COVID-19 (for example, waiting for the results of a viral test to confirm infection), or have been diagnosed with COVID-19 and not yet cleared to discontinue isolation.



If you have a positive COVID-19 diagnosis, you may return to the premises only after you have fully recovered, with a doctor's note confirming your recovery.

Please note, performing screening or health checks will not be completely effective because asymptomatic individuals or individuals with mild non-specific symptoms may not realize they are infected and may pass through screening. Screening and health checks are not a replacement for other protective measures such as social distancing.

General Hygiene Rules:

- Wash your hands after using the restroom, before eating, and if you cough/sneeze into your hands (follow the 20-second hand-washing rule).
- For your safety, there have been various sanitizer units placed around the premises to allow for frequent hand sanitizing by students, trainers and guests.
- Cough/sneeze into your sleeve, preferably into your elbow. If you use a tissue, discard it properly and clean/sanitize your hands immediately.
- When it is an option, open the windows regularly to ensure open ventilation.
- Avoid touching your face, particularly eyes, nose, and mouth with your hands to prevent from getting infected.
- If you find yourself coughing/sneezing on a regular basis, avoid close physical contact with visitors to the premises and take extra precautionary measures.

Precautionary Measures During Meetings:

Training hosts shall be responsible for sanitizing the premises on a regular basis including but not limited to vacuuming, wiping down of tables and chairs, sanitizing of training tools, etc., in an effort to limit any and all virus that may be present on the surface of these items prior to any visit by attending students.

Per CDC guidelines, please continue to follow social distancing protocols while in attendance at the premises and do your best to assure you keep six (6) feet between you and any other person while on the premises, whenever possible.

Participants are asked to refrain from handshaking for the duration of the public health emergency and civil preparedness emergency while on the premises.

Participants shall wear surgical/ cloth masks or equivalent face coverings so as to cover their mouth and nose upon their entrance into the premises and for the duration of their visit to the premises unless otherwise directed by the hosts. Individuals will be responsible for bringing their own masks. Masks may be removed when you are able to maintain a distance of six feet from another student.

